

5x5
5x5

Discipleship Journal's

Bible Reading Plan

Through the New Testament in 5 days a week, 5 minutes a day

5 minutes a day | If you're not currently reading the Bible, start with 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The gospels are read throughout the year to keep the story of Jesus fresh all year.

5 days a week | Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 ways to dig deeper | We must pause in our reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. We recommend trying a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- 1. Underline or highlight** key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text. Periodically review your markings to see what God is teaching you.
- 2. Put it into your own words.** Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- 3. Ask and answer some questions.** Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down some thoughts on how you would answer these questions.
- 4. Capture the big idea.** God's Word communicates big ideas. Periodically ask, *What's the big idea in this sentence, paragraph, or chapter?*
- 5. Personalize the meaning.** When God speaks to us through the Scriptures, we must respond. A helpful habit is personalizing the Bible through application. Ask: *How could my life be different today as I respond to what I'm reading?*

Discipleship Journal

January

DATE	✓	CHAPTER
Mark		
1	<input type="checkbox"/>	1
2	<input type="checkbox"/>	2
3	<input type="checkbox"/>	3
4	<input type="checkbox"/>	4
5	<input type="checkbox"/>	5
6	<i>Reflection</i>	
7	<i>Reflection</i>	
8	<input type="checkbox"/>	6
9	<input type="checkbox"/>	7
10	<input type="checkbox"/>	8
11	<input type="checkbox"/>	9
12	<input type="checkbox"/>	10
13	<i>Reflection</i>	
14	<i>Reflection</i>	
15	<input type="checkbox"/>	11
16	<input type="checkbox"/>	12
17	<input type="checkbox"/>	13
18	<input type="checkbox"/>	14
19	<input type="checkbox"/>	15
20	<i>Reflection</i>	
21	<i>Reflection</i>	
22	<input type="checkbox"/>	16
Acts		
23	<input type="checkbox"/>	1
24	<input type="checkbox"/>	2
25	<input type="checkbox"/>	3
26	<input type="checkbox"/>	4
27	<i>Reflection</i>	
28	<i>Reflection</i>	
29	<input type="checkbox"/>	5
30	<input type="checkbox"/>	6
31	<input type="checkbox"/>	7

February

DATE	✓	CHAPTER
1	<input type="checkbox"/>	8
2	<input type="checkbox"/>	9
3	<i>Reflection</i>	
4	<i>Reflection</i>	
5	<input type="checkbox"/>	10
6	<input type="checkbox"/>	11
7	<input type="checkbox"/>	12
8	<input type="checkbox"/>	13
9	<input type="checkbox"/>	14
10	<i>Reflection</i>	
11	<i>Reflection</i>	
12	<input type="checkbox"/>	15
13	<input type="checkbox"/>	16
14	<input type="checkbox"/>	17
15	<input type="checkbox"/>	18
16	<input type="checkbox"/>	19
17	<i>Reflection</i>	
18	<i>Reflection</i>	

(February, continued)

19	<input type="checkbox"/>	20
20	<input type="checkbox"/>	21
21	<input type="checkbox"/>	22
22	<input type="checkbox"/>	23
23	<input type="checkbox"/>	24
24	<i>Reflection</i>	
25	<i>Reflection</i>	
26	<input type="checkbox"/>	25
27	<input type="checkbox"/>	26
28	<input type="checkbox"/>	27

March

DATE	✓	CHAPTER
1	<input type="checkbox"/>	28
Hebrews		
2	<input type="checkbox"/>	1
3	<i>Reflection</i>	
4	<i>Reflection</i>	
5	<input type="checkbox"/>	2
6	<input type="checkbox"/>	3
7	<input type="checkbox"/>	4
8	<input type="checkbox"/>	5
9	<input type="checkbox"/>	6
10	<i>Reflection</i>	
11	<i>Reflection</i>	
12	<input type="checkbox"/>	7
13	<input type="checkbox"/>	8
14	<input type="checkbox"/>	9
15	<input type="checkbox"/>	10
16	<input type="checkbox"/>	11
17	<i>Reflection</i>	
18	<i>Reflection</i>	
19	<input type="checkbox"/>	12
20	<input type="checkbox"/>	13
Galatians		
21	<input type="checkbox"/>	1
22	<input type="checkbox"/>	2
23	<input type="checkbox"/>	3
24	<i>Reflection</i>	
25	<i>Reflection</i>	
26	<input type="checkbox"/>	4
27	<input type="checkbox"/>	5
28	<input type="checkbox"/>	6
James		
29	<input type="checkbox"/>	1
30	<input type="checkbox"/>	2
31	<i>Reflection</i>	

April

DATE	✓	CHAPTER
1	<i>Reflection</i>	
2	<input type="checkbox"/>	3
3	<input type="checkbox"/>	4
4	<input type="checkbox"/>	5
Matthew		
5	<input type="checkbox"/>	1
6	<input type="checkbox"/>	2
7	<i>Reflection</i>	
8	<i>Reflection</i>	
9	<input type="checkbox"/>	3
10	<input type="checkbox"/>	4
11	<input type="checkbox"/>	5
12	<input type="checkbox"/>	6
13	<input type="checkbox"/>	7
14	<i>Reflection</i>	
15	<i>Reflection</i>	
16	<input type="checkbox"/>	8
17	<input type="checkbox"/>	9
18	<input type="checkbox"/>	10
19	<input type="checkbox"/>	11
20	<input type="checkbox"/>	12
21	<i>Reflection</i>	
22	<i>Reflection</i>	
23	<input type="checkbox"/>	13
24	<input type="checkbox"/>	14
25	<input type="checkbox"/>	15
26	<input type="checkbox"/>	16
27	<input type="checkbox"/>	17
28	<i>Reflection</i>	
29	<i>Reflection</i>	
30	<input type="checkbox"/>	18

May

DATE	✓	CHAPTER
1	<input type="checkbox"/>	19
2	<input type="checkbox"/>	20
3	<input type="checkbox"/>	21
4	<input type="checkbox"/>	22
5	<i>Reflection</i>	
6	<i>Reflection</i>	
7	<input type="checkbox"/>	23
8	<input type="checkbox"/>	24
9	<input type="checkbox"/>	25
10	<input type="checkbox"/>	26
11	<input type="checkbox"/>	27
12	<i>Reflection</i>	
13	<i>Reflection</i>	
14	<input type="checkbox"/>	28
Romans		
15	<input type="checkbox"/>	1
16	<input type="checkbox"/>	2
17	<input type="checkbox"/>	3
18	<input type="checkbox"/>	4
19	<i>Reflection</i>	

Bible Reading Plan

(May, continued)

20	Reflection	
21	<input type="checkbox"/>	5
22	<input type="checkbox"/>	6
23	<input type="checkbox"/>	7
24	<input type="checkbox"/>	8
25	<input type="checkbox"/>	9
26	Reflection	
27	Reflection	
28	<input type="checkbox"/>	10
29	<input type="checkbox"/>	11
30	<input type="checkbox"/>	12
31	<input type="checkbox"/>	13

June

DATE	✓	CHAPTER
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1	<input type="checkbox"/>	14
2	Reflection	
3	Reflection	
4	<input type="checkbox"/>	15
5	<input type="checkbox"/>	16

Ephesians

6	<input type="checkbox"/>	1
7	<input type="checkbox"/>	2
8	<input type="checkbox"/>	3
9	Reflection	
10	Reflection	
11	<input type="checkbox"/>	4
12	<input type="checkbox"/>	5
13	<input type="checkbox"/>	6

Philippians

14	<input type="checkbox"/>	1
15	<input type="checkbox"/>	2
16	Reflection	
17	Reflection	
18	<input type="checkbox"/>	3
19	<input type="checkbox"/>	4

Colossians

20	<input type="checkbox"/>	1
21	<input type="checkbox"/>	2
22	<input type="checkbox"/>	3
23	Reflection	
24	Reflection	
25	<input type="checkbox"/>	4

Philemon

26	<input type="checkbox"/>	1
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Luke

27	<input type="checkbox"/>	1
28	<input type="checkbox"/>	2
29	<input type="checkbox"/>	3
30	Reflection	

July

DATE	✓	CHAPTER
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1	Reflection	
2	<input type="checkbox"/>	4
3	<input type="checkbox"/>	5
4	<input type="checkbox"/>	6
5	<input type="checkbox"/>	7
6	<input type="checkbox"/>	8
7	Reflection	
8	Reflection	
9	<input type="checkbox"/>	9
10	<input type="checkbox"/>	10
11	<input type="checkbox"/>	11
12	<input type="checkbox"/>	12
13	<input type="checkbox"/>	13

14	Reflection	
15	Reflection	
16	<input type="checkbox"/>	14
17	<input type="checkbox"/>	15
18	<input type="checkbox"/>	16
19	<input type="checkbox"/>	17
20	<input type="checkbox"/>	18

21	Reflection	
22	Reflection	
23	<input type="checkbox"/>	19
24	<input type="checkbox"/>	20
25	<input type="checkbox"/>	21
26	<input type="checkbox"/>	22
27	<input type="checkbox"/>	23

28	Reflection	
29	Reflection	
30	<input type="checkbox"/>	24

31	<input type="checkbox"/>	1
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1 Corinthians

1	<input type="checkbox"/>	1
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August

DATE	✓	CHAPTER
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1	<input type="checkbox"/>	2
2	<input type="checkbox"/>	3
3	<input type="checkbox"/>	4

4	Reflection	
5	Reflection	
6	<input type="checkbox"/>	5
7	<input type="checkbox"/>	6
8	<input type="checkbox"/>	7
9	<input type="checkbox"/>	8
10	<input type="checkbox"/>	9

11	Reflection	
12	Reflection	
13	<input type="checkbox"/>	10
14	<input type="checkbox"/>	11
15	<input type="checkbox"/>	12
16	<input type="checkbox"/>	13
17	<input type="checkbox"/>	14

18	Reflection	
19	Reflection	

(August, continued)

20	<input type="checkbox"/>	15
21	<input type="checkbox"/>	16

2 Corinthians

22	<input type="checkbox"/>	1
23	<input type="checkbox"/>	2
24	<input type="checkbox"/>	3
25	Reflection	
26	Reflection	
27	<input type="checkbox"/>	4
28	<input type="checkbox"/>	5
29	<input type="checkbox"/>	6
30	<input type="checkbox"/>	7
31	<input type="checkbox"/>	8

September

DATE	✓	CHAPTER
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1	Reflection	
2	Reflection	
3	<input type="checkbox"/>	9
4	<input type="checkbox"/>	10
5	<input type="checkbox"/>	11
6	<input type="checkbox"/>	12
7	<input type="checkbox"/>	13

8	Reflection	
9	Reflection	

10	<input type="checkbox"/>	1
11	<input type="checkbox"/>	2
12	<input type="checkbox"/>	3
13	<input type="checkbox"/>	4
14	<input type="checkbox"/>	5

15	Reflection	
16	Reflection	
17	<input type="checkbox"/>	6

18	<input type="checkbox"/>	1
19	<input type="checkbox"/>	2
20	<input type="checkbox"/>	3
21	<input type="checkbox"/>	4

22	Reflection	
23	Reflection	

24	<input type="checkbox"/>	1
25	<input type="checkbox"/>	2
26	<input type="checkbox"/>	3

Titus

27	<input type="checkbox"/>	1
28	<input type="checkbox"/>	2

1 John

29	Reflection	
30	Reflection	

October

DATE	✓	CHAPTER
1	<input type="checkbox"/>	3
2	<input type="checkbox"/>	4
3	<input type="checkbox"/>	5
2 John		
4	<input type="checkbox"/>	1
3 John		
5	<input type="checkbox"/>	1
6	<i>Reflection</i>	
7	<i>Reflection</i>	
1 Peter		
8	<input type="checkbox"/>	1
9	<input type="checkbox"/>	2
10	<input type="checkbox"/>	3
11	<input type="checkbox"/>	4
12	<input type="checkbox"/>	5
13	<i>Reflection</i>	
14	<i>Reflection</i>	
John		
15	<input type="checkbox"/>	1
16	<input type="checkbox"/>	2
17	<input type="checkbox"/>	3
18	<input type="checkbox"/>	4
19	<input type="checkbox"/>	5
20	<i>Reflection</i>	
21	<i>Reflection</i>	
22	<input type="checkbox"/>	6
23	<input type="checkbox"/>	7
24	<input type="checkbox"/>	8
25	<input type="checkbox"/>	9
26	<input type="checkbox"/>	10
27	<i>Reflection</i>	
28	<i>Reflection</i>	
29	<input type="checkbox"/>	11
30	<input type="checkbox"/>	12
31	<input type="checkbox"/>	13

November

DATE	✓	CHAPTER
1	<input type="checkbox"/>	14
2	<input type="checkbox"/>	15
3	<i>Reflection</i>	
4	<i>Reflection</i>	
5	<input type="checkbox"/>	16
6	<input type="checkbox"/>	17
7	<input type="checkbox"/>	18
8	<input type="checkbox"/>	19
9	<input type="checkbox"/>	20
10	<i>Reflection</i>	
11	<i>Reflection</i>	
12	<input type="checkbox"/>	21
1 Thessalonians		
13	<input type="checkbox"/>	1
14	<input type="checkbox"/>	2
15	<input type="checkbox"/>	3
16	<input type="checkbox"/>	4
17	<i>Reflection</i>	
18	<i>Reflection</i>	
19	<input type="checkbox"/>	5
2 Thessalonians		
20	<input type="checkbox"/>	1
21	<input type="checkbox"/>	2
22	<input type="checkbox"/>	3
2 Peter		
23	<input type="checkbox"/>	1
24	<i>Reflection</i>	
25	<i>Reflection</i>	
26	<input type="checkbox"/>	2
27	<input type="checkbox"/>	3
Jude		
28	<input type="checkbox"/>	1
Revelation		
29	<input type="checkbox"/>	1
30	<input type="checkbox"/>	2

December

DATE	✓	CHAPTER
1	<i>Reflection</i>	
2	<i>Reflection</i>	
3	<input type="checkbox"/>	3
4	<input type="checkbox"/>	4
5	<input type="checkbox"/>	5
6	<input type="checkbox"/>	6
7	<input type="checkbox"/>	7
8	<i>Reflection</i>	
9	<i>Reflection</i>	
10	<input type="checkbox"/>	8
11	<input type="checkbox"/>	9
12	<input type="checkbox"/>	10
13	<input type="checkbox"/>	11
14	<input type="checkbox"/>	12
15	<i>Reflection</i>	
16	<i>Reflection</i>	
17	<input type="checkbox"/>	13
18	<input type="checkbox"/>	14
19	<input type="checkbox"/>	15
20	<input type="checkbox"/>	16
21	<input type="checkbox"/>	17
22	<i>Reflection</i>	
23	<i>Reflection</i>	
24	<input type="checkbox"/>	18
25	<input type="checkbox"/>	19
26	<input type="checkbox"/>	20
27	<input type="checkbox"/>	21
28	<input type="checkbox"/>	22
29	<i>Reflection</i>	
30	<i>Reflection</i>	
31	<i>Rejoice!</i>	

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